

BLACK COUNTRY HEALTHCARE NHS FOUNDATION TRUST

Clinical / Counselling Psychologist

Physical Health Psychology Current Vacancy List

0.4 WTE 15 hours 8a Cancer Dudley

We are pleased to offer this exciting opportunity to develop your career within our friendly and dynamic Physical Health Psychology Service. The Physical Health Psychology Service is a team of psychologists, psychotherapists, and counsellors who aim to assist people in adapting to and developing creative solutions for living with physical health problems. The Black Country Healthcare Physical Health Psychology Service currently operates across 3 geographical areas (Dudley, Wolverhampton and Sandwell and West Birmingham) with a number of contracts in each area. Due to service developments and staff promotions a number of vacancies are available and we would welcome conversations with those who would like to consider a single vacancy or combination of roles.

Experience of working in a physical health setting is desirable, but we are also keen to hear from applicants who have been working in other specialties, who feel they have transferable skills. The most important qualities are good communication skills, working co-operatively and thinking creatively.

The post holders will benefit from joining a supportive and enthusiastic team of practitioner psychologists and other psychological professionals who utilise a varied range of therapeutic approaches. There are opportunities to engage in CPD and supervision across a range of models, including EMDR, psychodynamic, attachment, humanistic and 3rd wave approaches. In each role you will be working alongside a Principal Psychologist and other applied psychologists and psychological professionals, with support from a Consultant Clinical Psychologist. A robust leadership and supervision structure is in place, alongside operational management.

This role will offer the opportunity to provide assessment, formulation and psychological intervention with patients receiving their cancer care, as well as clinical supervision and MDT support to the cancer service. Psychology services work in partnership with the hospital's Macmillan Centre, so there will be opportunities for close working relationships with the MDT. The cancer psychology team meet for regular case coordination and peer support, as well as to plan and carry out level 2 training and supervision that is offered to the cancer CNSs. The cancer psychology team is led by an experienced principal psychologist, who is available for regular clinical supervision and guidance.

The cancer psychology team is also part of a large team of Psychological Professionals working in physical health and in turn, this team is part of a much wider Trust wide network of Psychological Professionals. This brings opportunities in terms of professional support, access to supervision and professional development.

0.6 WTE CANCER 8a - Sandwell and West Birmingham

This role will offer the opportunity to provide assessment, formulation and psychological intervention with patients receiving their cancer care in Sandwell and West Birmingham. The post will be within the cancer service, so there will be opportunities for close working relationships with the MDT. In addition, the post is part of a large team of Psychological Professionals working in physical health and in turn, this team is part of a much wider Trust wide network of Psychological Professionals. This brings opportunities in terms of professional support, access to supervision and professional development.

0.3 WTE 11.25 hours Stroke/Neurological Rehabilitation – Dudley

The Clinical Psychology for Neurological Rehabilitation Service in Dudley provides psychological input including assessment, formulation and intervention to two key areas: the post-acute Inpatient Neuro-rehabilitation Unit (NRU) and the Community Neurological Rehabilitation Team (CNRT). Referrals are accepted from members of the CNRT including Physiotherapists, Occupational Therapists, Speech and Language Therapists, Medical Rehab Consultants and MS Clinical Specialist Nurses. Referrals are also accepted from the Vocational Occupational Therapists who are separate from the CNRT but who often provide vocational rehabilitation to CNRT patients.

1.0 WTE Full time hours Assistant Psychologist – SCAT Sandwell

An exciting opportunity has arisen to recruit a Clinical / Counselling Psychologist to work in the Sickle Cell and Thalassaemia service. The post-holder will have an essential part to play in ensuring that psychological perspectives are taken into account across the service. You will provide specialised clinical input to individuals referred, and be an integral member of the Sickle Cell and Thalassaemia Service. For the multi-disciplinary team you will provide support, supervision, consultancy and teaching.

We are seeking a highly motivated and dynamic individual with a keenness and ability to integrate your current skills and apply them in a new context. Experience of working in a physical health setting is essential. The most important qualities are good communication skills, working co-operatively and thinking creatively.

In return for your enthusiasm, hard work and commitment you will benefit from being part of an expanding and exciting division with good support structures. The post will be based in the Sickle Cell and Thalassaemia Service but professionally allied with the Physical Health Psychology Service, with all the associated benefits of professional development, supervision and peer support.

0.8 WTE 30 hours CHRONIC PAIN MANAGEMENT - Wolverhampton

The Wolverhampton Pain Management Service is an interdisciplinary team of psychologists, pain consultants, clinical nurse specialists, physiotherapists and occupational therapist. The Psychologists in the Pain Management Team are fully integrated and highly valued members of the MDT in this well-established service, and the Post-holder will join a team of supportive and experienced psychologists. The post holder will undertake detailed clinical assessments of patients to determine their psychological needs and treatment within and beyond the service as part of MDT pain clinics. They will plan and provide interventions including individual therapy, joint working with colleagues in the

multidisciplinary team and will facilitate an MDT Pain Management Programme. The post-holder will be involved in offering advice and consultation on clients' psychological care to nonpsychologist colleagues, and will also support the Principal Psychologist in the continuing development and improvement of the service.

0.7 WTE 26 hours CANCER & RENAL- Sandwell and West Birmingham

This role will offer the opportunity to provide assessment, formulation and psychological intervention with patients receiving their cancer care in Sandwell and West Birmingham. The post will be within the cancer service, so there will be opportunities for close working relationships with the MDT. In addition, the post is part of a large team of Psychological Professionals working in physical health and in turn, this team is part of a much wider Trust wide network of Psychological Professionals. This brings opportunities in terms of professional support, access to supervision and professional development.

This is what our staff have said about working in the Physical Health Psychology service:

'The psychology team provided a number of opportunities for broadening experiences, and the roles are varied in nature. For example, there are opportunities to provide supervision, training, reflective practice, team development and individual client work.'

'Thank you for helping me grow – I wouldn't't be the psychologist I am today...''

'My experiences enabled me to develop skills in consultation, which in turn helped me to support the development of psychological thinking in the team in which I was working.... in the development of psychological thinking across team meetings, trust wide discussions and broader forums where clinical decision making was involved.'

For informal discussions please contact: 01384 366 249

Consultant Clinical Psychologist Sam Oakley