

Stroke

Service Provision:

The service provides psychological assessment, formulation and intervention for people with stroke in the Sandwell, Dudley & Wolverhampton areas. This is provided by means of a) direct work with patients and families, both individually and jointly with other professionals, b) consultation with multi-disciplinary staff, c) training of staff, and d) service developments.

The service provides psychological input across the entire stroke care pathway. This involves the Stroke Rehabilitation ward, the Early Supported Discharge (ESD) and Outpatient Therapy Services, and the Community Stroke Specialists.

Referral Pathway:

Inclusion criteria for the service are:

- ✓ Over 18
- ✓ Diagnosis of stroke
- ✓ Stroke inpatient, or have a Wolverhampton, Sandwell or Dudley GP
- ✓ Presenting with stroke-related difficulties (e.g. post-stroke difficulties with mood, cognition or behaviour; difficulty engaging in rehabilitation; or family or carer support).

Patients should not be referred if they are already working with Mental Health services, or if they would like to work on pre-stroke mental health difficulties.