

# **AVON & WILTSHIRE MENTAL HEALTH PARTNERSHIP NHS TRUST**

## **JOB DESCRIPTION**

**Job Title:** Specialist Recovery Practitioner

**Pay Band:** Band 6

**Responsible to:** Team Manager

**Base:** Fountain Way

**Hours:** e.g. Full time 30 hours, or job share.

### **Job Purpose**

A new role has become available with the Wiltshire Dementia Service.

As a care co-ordinator in the team you will be responsible for a caseload of service users with a diagnosis of dementia, working within the CPA framework to deliver a range of health and social care interventions. You can expect to receive excellent supervision, and there will be opportunities for career development and training in order to support you in this role.

This post is based in West Wiltshire, however as the service is Wiltshire-wide there may be a need, on occasion to travel within the county.

### **AWP Values**

- Passion – we want our service users, staff and stakeholders to recognise our passion, knowing that we do our best, all of the time.
- Respect – we value everyone's contribution and take time to really listen and understand what matters to our patients, staff and communities.
- Integrity – we work openly and transparently, learning from our mistakes and continually improving our services.
- Diversity – we personalise care and treatment to individuals and provide equality of opportunities to our staff.
- Excellence – we inspire and empower our staff to deliver outstanding care.

### **AWP recovery statement:**

We in AWP place recovery and reablement at the heart of our service. Therefore we all demonstrate the recovery principles of:

- \_ Hope
- \_ Partnership
- \_ Maximising opportunities every day, in all that we do.

### **Dimensions:**

Budget Managed: £0

Number of staff responsible for: 0 - provides clinical leadership and supervision as appropriate within the team

### **Key responsibilities:**

To undertake the full range of activities required to deliver ongoing comprehensive mental health assessment for service users living with dementia, living in the community and in a range of settings. This will include:

a. The use of standardised assessment tools, i.e. the Cluster Allocation Support Tool (CAST), ACE III

- History, strengths and aspirations
- Mental state
- Impact of culture and diversity
- Functional needs
- The needs of family and carer
- Evaluation of risk
- Physical health
- Complicating factors
- The interventions and treatments required to enable positive change.
- Social care needs
- Safeguarding and public protection
- Capacity under the Mental Capacity Act

2. To be responsible for developing delivering and reviewing comprehensive and complex treatment programmes using appropriate frameworks in line with evidence-based practice, including strategies to manage risk for service users with complex needs and carers, bringing in other resources as required.

3. To act as care coordinator for service users with the most complex needs, also providing defined interventions to individuals on other workers caseloads.

4. To plan, deliver and evaluate defined, specialist therapeutic interventions as indicated in the assessment process ,in line with personal recovery plans, including to service users who maybe on other caseloads. This might include:

- a. Individual or group therapeutic intervention
- b. Psychological treatments such as family interventions
- c. Psychosocial interventions
- d. Motivational and coping enhancement strategies.
- e. Medication management
- f. Interventions under the Mental Health Act,
- g. Cognitive Stimulation Therapy

5. To deliver a range of defined activities/interventions to improve the carers' ability to support the service user and to enable them in their relationship with the service user.

6. To develop and maintain good partnership working with other services throughout all treatment episodes, including regular liaison within Primary Health Care Team, inpatient and intensive services, day services, voluntary sector and with nominated carers/advocates.

7. In collaboration with service users and carers, to be responsible for facilitating the development of complex comprehensive crisis plans, rapid access plans, advance

statements etc, involving other agencies such as primary care etc where appropriate.

8. To personally build and lead others to build, hope inspiring relationships with service users, which acknowledge the personal journey of each person, and focus on strengths and aspirations to allow the creation of meaningful personal recovery plans.

9. To be responsible for maintaining own workload, as well as planning the workload of others, on a day to day basis, ensuring that time is prioritised effectively, utilising of electronic resources such as diaries/scheduling.

10. To be responsible for the protection of individuals from abuse and harm in line with local safeguarding policies and procedures, including working with others in the planning development and review of protection plans, ensuring the appropriate sharing of information.

11. Coordinating and undertaking protective interventions which maybe required in the protection of others, as outlined in the protection plan, taking individual action where indicated.

12. Personally and leading others to collaboratively and sensitively work with individuals, with a range of mental health needs to develop skills to manage their own health, in accordance with their personal recovery plan, by actively promoting and using approaches which are affirming, build on strengths, identify past positive experiences and success, and use small steps to move towards the persons goal.

13. Undertake active clinical leadership and supervision within the team, covering for the manager and colleagues as required.

14. To maintain the single health and social care record, ensuring both paper and electronic records are kept up to date in accordance with professional and organisational standards.

15. Report and record within agreed timeframes, all activity relating to information reporting and performance requirements.

16. To participate in management, caseload and clinical supervision in accordance with trust policy.

17. To provide mentoring/training for others in relevant practice areas, according to professional requirements, taking a collaborative approach to practice development and evidence-based care. Specifically this means providing a safe and effective learning environment for the mentoring and supervising of students , participating in their learning objectives and assessments

18. Demonstrate responsibility for developing own practice in line with professional qualifications and for contributing to the development of others, by making use of and providing, effective feedback, supervision, coaching and appraisal.

19. Monitor and maintain health, safety and security of self and others, undertaking

assessments and taking appropriate action where required.

20. Develop own knowledge and practice, and contribute to the development of others, making use of available feedback, supervision and appraisal to identify appropriate areas of development for this work role, taking responsibility for accessing identified learning and training opportunities.

21. Lead, maintain and participate in practices which enable effective team working.

22. To participate in on call rotas as required.

23. To participate in local arrangements in order to ensure consistent care to service users across the local geography.

## **Communications and Working Relationships**

Services Users and Carers

Health and social care teams

Primary care

Third sector/voluntary agencies

Community groups and local authority provision

Other statutory agencies

## **Most challenging part of this role**

Individually, and through leadership and supervision to co-ordinate the care of individuals within an individual and across a wider defined caseload, to develop increasing skill and confidence with a wide range of health, social care and wellbeing needs, setting priorities and working in community based settings. To contribute to the development of a culture where the personal and positive aspirations of service users are the primary focus of the care plan, while developing and maintaining individual skills in delivering a range of therapeutic interventions. This must be achieved whilst respecting the dimensions of personal choice, diversity and culture and the benefits which these bring to the therapeutic relationship.

## **Policies and Procedures**

Trust employees are expected to follow Trust policies, procedures and guidance as well as professional standards and guidelines. Copies of Trust policies can be accessed via the staff intranet (Ourspace) or from your manager.

In particular, attention is drawn to the Trust's arrangements in relation to safeguarding children and vulnerable adults as well as infection prevention and control.

All employees are expected to be familiar with the Trust's approach to risk management, take a risk management approach to their own work and take responsibility for the management of the risks they own.

## **Confidentiality**

Much of the work is of a confidential nature. This means that no discussion should take place about the care, needs, or activities of any service user, except in the clear

interest of that service user or other members of staff. Staff are reminded that personal information concerning colleagues is also confidential

## **Equality and Diversity**

Avon and Wiltshire Mental Health Partnership NHS Trust is committed to the fair treatment of all people, regardless of their gender, gender re-assignment, race, colour, ethnicity, ethnic or national origin, citizenship, religion, beliefs, disability, mental health needs, age, domestic circumstances, social class, sexual orientation, ex-offender status, political allegiance or trades union membership.

The Trust requires all of its employees to treat all of its stakeholders including colleagues, service users, carers and their visitors with dignity and respect.

## **Smoking**

Smoking by Trust Staff is not permitted whilst on duty whether that be on Trust premises or grounds or out in the community. Staff must also be mindful of public perception and must therefore not smoke whilst travelling in Trust identified vehicles or when in uniform or can otherwise be identified as Avon and Wiltshire Mental Health Partnership NHS Trust staff.

## **Review**

These duties are intended to be a guide to the post and should not be considered exhaustive. It is subject to review, depending on the needs of the department. The post holder will be encouraged to participate in any such review. The Trust is committed to regular performance appraisal (including setting objectives for review annually) and agreement of personal development plans for all staff to enhance their ability to fulfil the requirements of their post.

**Person Specification**  
**Specialist Recovery Practitioner**  
**Band 6**

**Essential knowledge, skills and experience**

- Diploma level/Degree in relevant health/social care profession, eg RMN, OT, Social Worker
- Current relevant registration with the NMC or HCPC and commitment to CPD.
- Demonstrates substantial post-registration experience gained working in a range of front-line adult mental health services, undertaking assessment and delivering interventions
- Is able to deliver from a range of possible key therapeutic interventions CBT, Psychosocial interventions, Family Interventions, DBT approaches.
- Demonstrates a developed understanding of the recovery principles, and the role of secondary mental health services in the delivery of care
- Experience of undertaking carers' assessments
- Demonstrates substantial experience of, and relevant professional practice qualification in mentoring/assessing students and learners
- Demonstrates substantial experience of assessing risk and developing risk management strategies
- Demonstrates substantial experience of supervising others, monitoring their performance appraisal and ensuring delivery of activity
- Able to articulate a detailed understanding of the relevant legal frameworks/legislation including CPA process, Mental Health Act , Mental Capacity Act, and Safeguarding.
- Highly developed verbal communication skills, able to engage effectively with people at all levels even when a more assertive approach is needed.
- Highly developed active listening skills, which allow for reframing and testing of understanding
- Highly developed written communication skills, with experience of compiling and sorting notes and reports, establishing statistical data and analysing information
- Substantially developed IT skills including competent use of Microsoft Office, and the use of electronic record keeping systems
- Demonstrates a willingness to embrace new technology and processes
- Mobile with the facility to move quickly across a geographically dispersed area with limited access to public transport.

**Desirable knowledge, skills and experience**

- Relevant post-registration qualifications, such as Thorn, Non Medical Prescribing, CBT, AMHP, Brief Interventions etc
- Experience gained in a wide variety of settings