



Consultant Psychiatrists

General Adult

Community Mental
Health Teams

Candidate information pack

Become part of
Team BSMHFT

**WE
ARE
HIRING**

NHS

**Birmingham and Solihull
Mental Health**
NHS Foundation Trust

 **compassionate**  **inclusive**  **committed**



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Thank you for expressing an interest in our Trust

Birmingham & Solihull Mental Health NHS Foundation Trust provides comprehensive mental healthcare services for residents of Birmingham and Solihull and to communities in the West Midlands and beyond

“We very much look forward to welcoming you to our Trust, and supporting you in all ways possible to exceptionally fulfil your potential to provide the best quality care for our patients”

Dr Fabida Aria
Executive Medical Director
Birmingham & Solihull
Mental Health NHS
Foundation Trust



 **compassionate**  **inclusive**  **committed**



About us

Birmingham is the second largest city in the UK and as a result brings with it a whole range of culture, social, sporting and leisure opportunities. It is one of the youngest cities in Europe which adds to the vibrancy of the area.

We operate out of more than 50 sites and serve a population of 1.2 million spread over 172 square miles. We have an annual budget of £240 million and a dedicated workforce of over 4,000 staff.

Our catchment population is ethnically diverse and characterised in places by high levels of deprivation, low earnings and unemployment. These factors create a higher requirement for access to health services and a greater need for innovative ways of engaging people from the most affected areas.

As a foundation trust we have more financial control over the services we provide, allowing us to involve our local communities in the healthcare decisions we make. The views of our staff, service users and their carers and families are central to everything we do.

We provide a wide range of inpatient, community and specialist mental health services, including:

- Adult community and inpatient services
- Substance misuse services
- Mental health services for older people
- Services for children and young people
- Specialist and complex care, including perinatal, deaf service, eating disorders and neuropsychiatry
- Offender health, including delivery of healthcare services at HMP Birmingham
- Specialist psychological services
- Services for homeless people
- Liaison Psychiatry service within acute hospitals
- Improving Access to Psychological Therapies (IAPT)

Together, these services include elements of rehabilitation, crisis and home treatment, assertive outreach, early intervention, day services and mental health wellbeing.



Our Trust Values

Our values are core to our Trust, are integral to our strategy and who we are. They are promoted through everything we do.



Compassionate

- Supporting recovery for all and maintaining hope for the future.
- Being kind to ourselves and others.
- Showing empathy for others and appreciating vulnerability in each of us.



Inclusive

- Treating people fairly, with dignity and respect.
- Challenging all forms of discrimination.
- Valuing all voices so we all feel we belong.



Committed

- Striving to deliver the best work and keeping service users at the heart.
- Taking responsibility for our work and doing what we say we will.
- Courage to question to help us learn, improve and grow together.

Why Birmingham?

Centrally located, Birmingham is the second largest city in the UK and as a result brings with it a whole range of culture, social, sporting and leisure opportunities. It is one of the youngest cities in Europe which adds to the vibrancy of the area.

Following the success of the Birmingham 2022 Commonwealth Games and with excellent transport links through Birmingham International Airport and Grand Central Railway Station, it's the perfect place to live, work and develop your career.



**Welcome message from Dr Sadira
Teeluckdharry, Clinical Director, Integrated
Community Care & Recovery Service**

“We are really pleased you are considering joining one of our Teams at BSMHFT.

It is an exciting time to join our Community Mental Health Teams as we develop opportunities for working across an Integrated Care System. I am passionate about addressing health inequalities and maintaining connectivity for our service users, their families and carers, our teams, our GPs, our neighbourhoods and the other partners in the system. Your input into these services and pathway developments will be welcomed.

Further information about our transformation work is provided overleaf or you can watch a panel discussion at our recent ‘back to the future’ event where we talk about our current developments”

<https://www.youtube.com/watch?v=wqQRdiCmbXk>



**Birmingham and Solihull
Mental Health**
NHS Foundation Trust

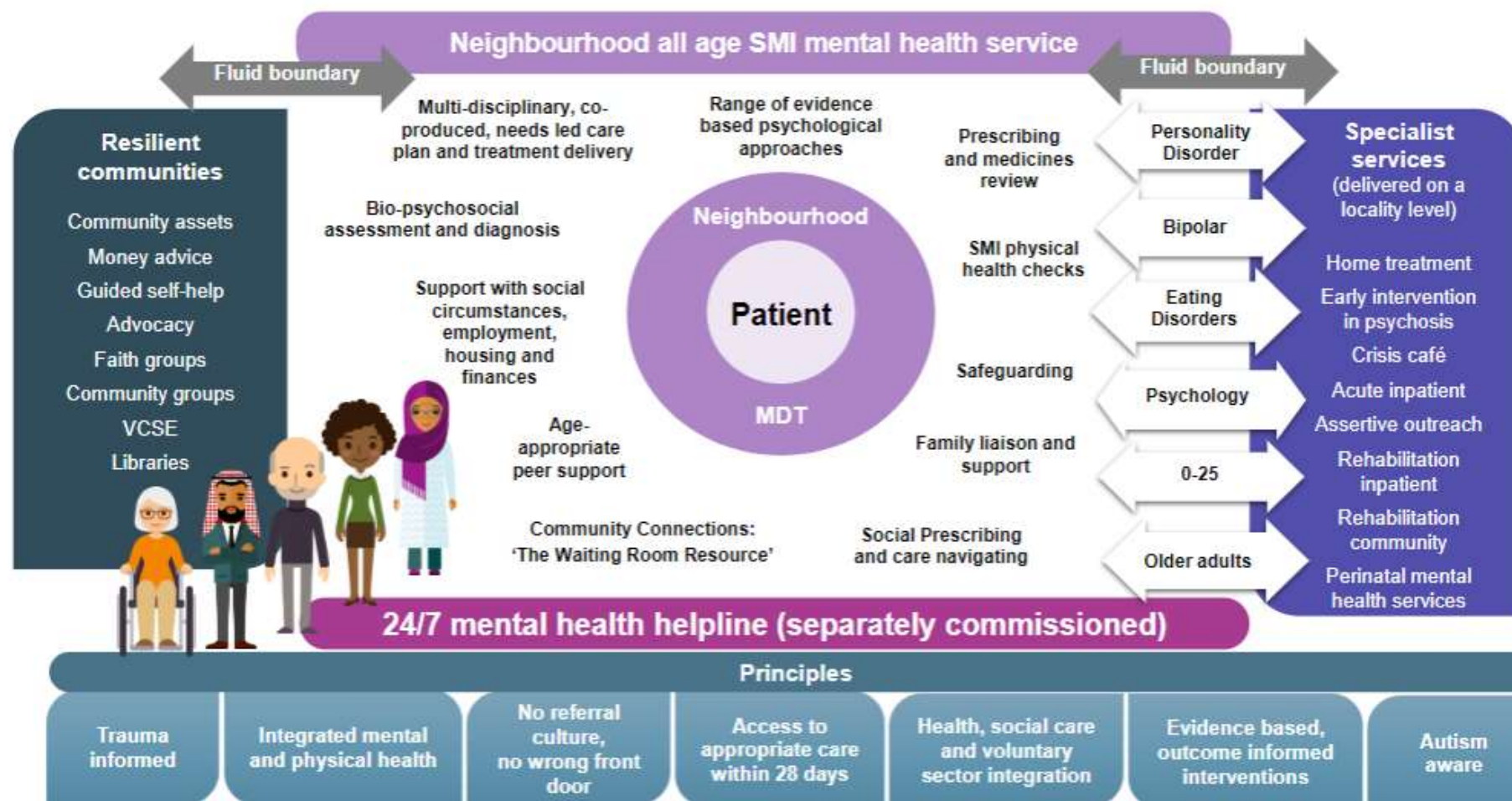


Orsborn House

Birmingham and Solihull Mental Health NHS Foundation Trust



Birmingham & Solihull (BSOL) Community Mental Health Services Model of Care





Our offer to you

We know that moving to a new trust or new role can be stressful and difficult. We will provide support to make this as easy as possible. We offer:



Induction to support with early tasks such as appraisal, job planning and consultant on call rota

A new consultant CPD programme, which runs alongside our standard consultant CPD programme

Early meeting with the Medical Director and Deputy Medical Director to identify career ambitions and any additional training/support needed

We support the West Midlands RCPsych Mentorship scheme

Regular management supervision

Flexible working opportunities

Annual leave above national terms and conditions of service

A range of health & wellbeing support

Support with relocation expenses

Special interest sessions

Involvement in research & innovation



Health and Wellbeing

Health and wellbeing support is available to all BSMHFT staff in a variety of forums and formats.

We have a specific calendar of activities taking place throughout the year and toolkits available to support managers and staff

- Occupational Health Support
- Employee Assistance Programme
- Physiotherapy
- Staff physical spaces : take a moment rooms
- Compassionate Mind Training sessions
- Staff Wellbeing courses
- Post incident support toolkit
- Needle Stick helpline
- Menopause toolkit
- Financial wellbeing support
- Vaccination clinics
- Caring Minds charity



Birmingham

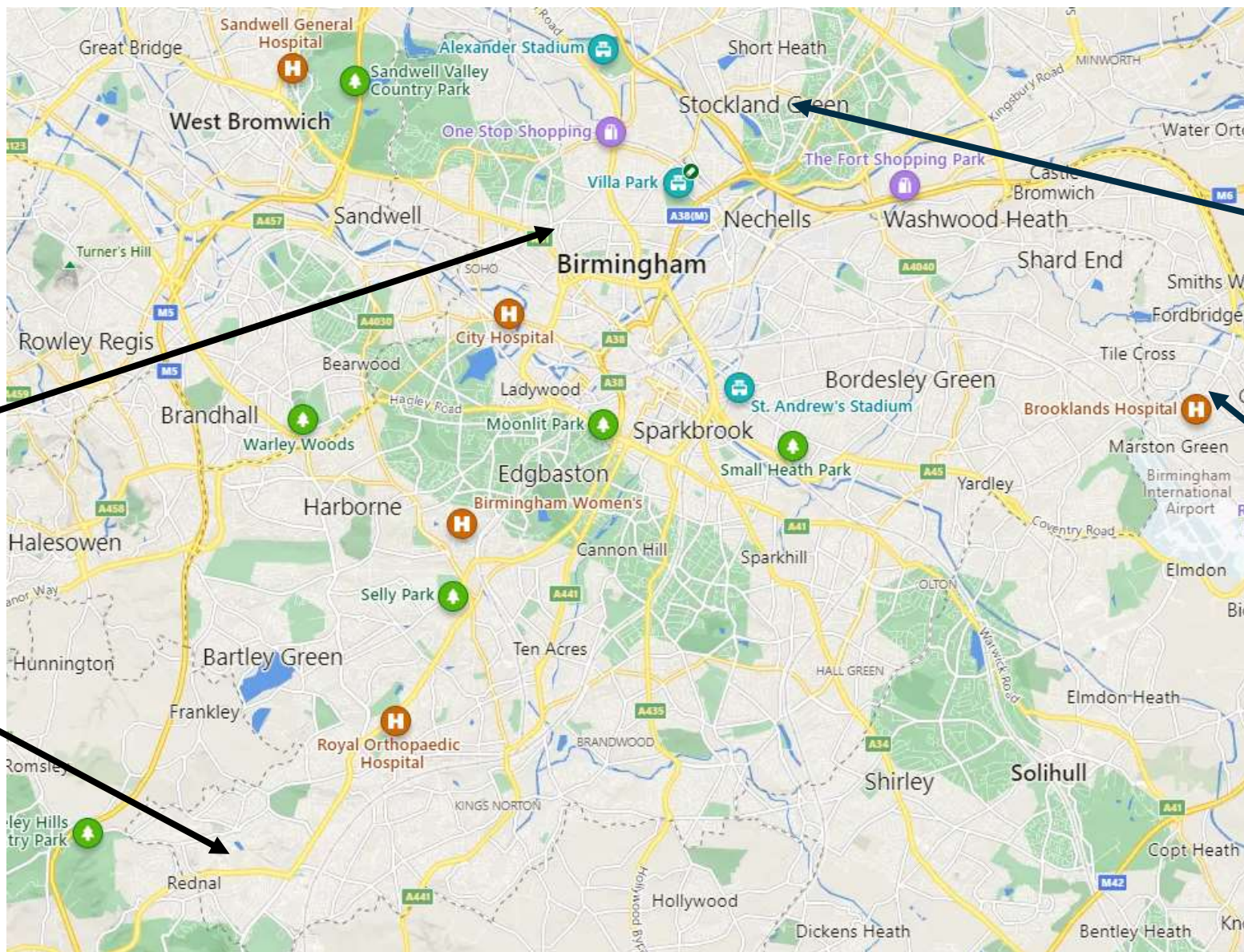
Our CMHT Opportunities

Ladywood & Handsworth CMHT (Orsborn House)

55 Terrace Road,
Handsworth,
Birmingham,
B19 1BP

Longbridge CMHT

Longbridge Health & Community Centre,
10 Park Way,
Birmingham Great Park,
Rubery, Birmingham,
B45 9PL



Erdington & Kingstanding CMHT (Northcroft)

190 Reservoir Road,
Erdington,
Birmingham,
B23 6DW

Newington CMHT

The Maple Leaf Centre,
2 Maple Leaf Drive
Marston Green
Birmingham
B37 7JB



How to apply

Candidates should apply for our roles through the [BSMHFT Medical Jobs](#) (*click on the link*)

Click on the apply button for your chosen opportunity and follow the instructions

