Central and North West London WHS



NHS Foundation Trust

PERSON SPECIFICATION FOR Rehab BAND 6 OCCUPATIONAL THERAPIST

CRITERIA	ESSENTIAL Requirements necessary for safe and effective performance in the job	SEE KEY *	DESIRABLE Elements that would contribute to immediate performance in the job	SEE KEY *
EDUCATION AND QUALIFICATIONS	 Degree/Diploma in Occupational Therapy. Health Professionals Council (HPC) registered Occupational Therapist. Practice Placement Educator's Course Mental health specific workshops and short courses 	A A A	 Post graduate training specific to clinical specialty Practice Placement Educator's Course 	A/I A/I
PREVIOUS EXPERIENCE Paid/unpaid relevant to job.	 Post qualification experience in mental health. Experience in using a range of standardised OT assessments. Experience of working in a multi-disciplinary team. Experience of working in a multi-cultural environment. Experience of drafting group protocols and setting up / facilitating groups / group programme. Supervision of OT students / non qualified staff. Experience of partnership working in promoting socially inclusive opportunities for patients. Experience in completing the HONOS screening clustering tool / Risk Assessment Tools. 	A/I A/I A/I A/I A/I A/I	 Experience of participating in audit / research projects. Experience of care coordination. 'Lived experience' of either using mental health services or supporting someone who uses services. 	A/I A/I A/I
SKILLS, KNOWLEDGE, ABILITIES	 Individual and group work assessment and intervention skills. Good communication skills i.e. written, verbal, listening and proficient use of up to date systems of communication i.e. IT systems, e-mail, fax, telephone etc. Skills in producing timely, accurate and informative reports and notes. Good organisational skills and an ability to delegate effectively Clear concept of Occupational Therapy and models of practice. Knowledge of the application of risk assessment and risk management strategies which facilitates a service user's recovery. Knowledge of personal recovery principles and their application to 	A/I A/I A/I A/I	 Research and development at graduate level. Knowledge of the theory underpinning the Model of Human Occupation. Completion of OT medication management training. Presentation skills 	A/I A/I A/I A/I

	 service delivery 8. Ability to work autonomously, as well as part of an MDT. 9. Ability to manage conflict constructively. 10. Ability to prioritise workload and use initiative. 11. Ability to work creatively to engage service users. 12. Ability to regularly identify and undertake appropriate learning and development opportunities as part of ongoing CPD. 13. Ability to adopt a culturally sensitive approach that considers the needs of the whole person. 14. Ability to determine the impact of mental and physical conditions on a service user's functional ability and undertake assessment/make recommendations with regards to the provision of equipment/aids and adaptations. 15. Ability to work in a team setting i.e. collaborating/facilitating/ directing and understanding diversity. 	A/I A/I A/I A/I A/I A/I	
PERSONAL CHARACTERISTICS	 High level of personal motivation. Flexibility and creativity in approach. Awareness of self in relation to others with the ability to set and manage boundaries. Demonstrate self-awareness and an ability to use initiative. Commitment to learning and development Positive role model for junior staff. Interpersonal skills which enable constructive relationships to be built Commitment to treating service users with respect and dignity at all times 	A/I A/I A/I A/I A/I A/I	
OTHER	 Sickness (or attendance) record that is acceptable to the Trust; to be checked. Declared medically fit by the Occupational Health department to perform the duties of the post. The post holder must have the ability to understand and implement National Policies, Equal Opportunities and the Code of Ethics at level appropriate to the job. 	A/I AI A/I	Membership of BAOT and A/I Specialist Sections.

*Key: Measured by: A = Application Form I = Interview T = Test