

## CPFT Nutrition and Dietetic Service

<b>Description of Trust</b>	Cambridgeshire and Peterborough Foundation Trust (CPFT) is a health and social care organisation, providing integrated community, mental health and learning disability services, across Cambridgeshire and Peterborough.
<b>Overview of service</b>	<p>CPFT Nutrition and Dietetic Service is a welcoming and supportive place to work. We provide a service to a range of rural and urban areas across Cambridgeshire and are based at 4 sites namely: Cambourne (Cambridge), Doddington Hospital (Doddington), City Health Clinic (Peterborough) and Redshank House (Huntingdon). We see our patients in a variety of settings including clinics, home visits and inpatient settings as well as delivering group education in the community.</p> <p>We are made up of 4 specialist teams; Nutrition Support, Gastro, Diabetes and Mental Health. Along with the Dietitians we are fortunate to have a number of Dietetic Assistants and Dietetic Assistant Practitioners supporting our diverse service. We have a great admin support too.</p> <p>Social Media platforms are important to us as a way to stay connected with the public and we therefore have a presence on Facebook, Instagram and Twitter. We use this regularly to keep the public up to date with our service as well as to provide relevant, evidence based nutrition information:</p> <p><a href="https://www.facebook.com/NutritionandDieteticsCPFTNHST/">https://www.facebook.com/NutritionandDieteticsCPFTNHST/</a></p> <p><a href="http://www.instagram.com/cpftnutrition_dietetics/">http://www.instagram.com/cpftnutrition_dietetics/</a></p> <p>Find us on Twitter at 'NHS Nutrition and Dietetics Cambridgeshire' or @idietitians</p>
<b>Description of teams</b>	<p><b>Gastro team :</b></p> <p>The gastro team holds Community gastroenterology clinics as well as running group Low FODMAP sessions</p> <p><b>Community Nutrition Support team :</b></p> <p>The team covers Home enteral feeding, oral nutrition support, older peoples' services (including intermediate care wards), home visits and outpatient clinics.</p> <p><b>Diabetes team :</b></p> <p>The Diabetes team run out-patient clinics for patients with</p>

	<p>Type 1 and Type 2 diabetes and specialist MDT pump clinics. They also do some home visits as well as delivering regular structured education including PDAC and DESMOND.</p> <p><b>Mental Health team :</b></p> <p>The team provides a service to both adult and adolescent mental health in-patients and runs community clinics (including eating disorders)</p>
<b>Bases</b>	<p><b>Huntingdon</b> Redshank House Kingfisher Way Huntingdon PE29 6FN</p> <p><b>Cambridge</b> Sackville House Cambourne CB23 6HL</p> <p><b>Doddington Hospital</b> Iceni Ward, Doddington Hospital Benwick Road Doddington PE15 0UG</p> <p><b>City Health Clinic</b> Wellington Street Peterborough PE1 5DU</p>
<b>Description of locations</b>	<p><b>Huntingdon</b></p> <p>Redshank House is one of our new bases. It is situated in the Hinchbrooke Business park off the A1 and A14.</p> <p>We currently share our office with the local Neighbourhood team which is made up of district nurses, physiotherapists and occupational therapists.</p> <p><b>Doddington</b></p> <p>Doddington Community hospital is situated in the middle of the Fens, approximately 30miles from the centre of Cambridge.</p> <p>There is a range of health care available at Doddington Community hospital including: Adult Speech &amp; Language Therapy, Community Heart Failure Specialist Nursing &amp; Respiratory Nursing, Fenland Anti-coagulation Service,</p>

Heart Failure specialist nursing, Musculo-skeletal Physiotherapy, Minor Treatment Centre, Outpatient and day rehabilitation Specialist neuro-rehabilitation service.

### **Cambridge**

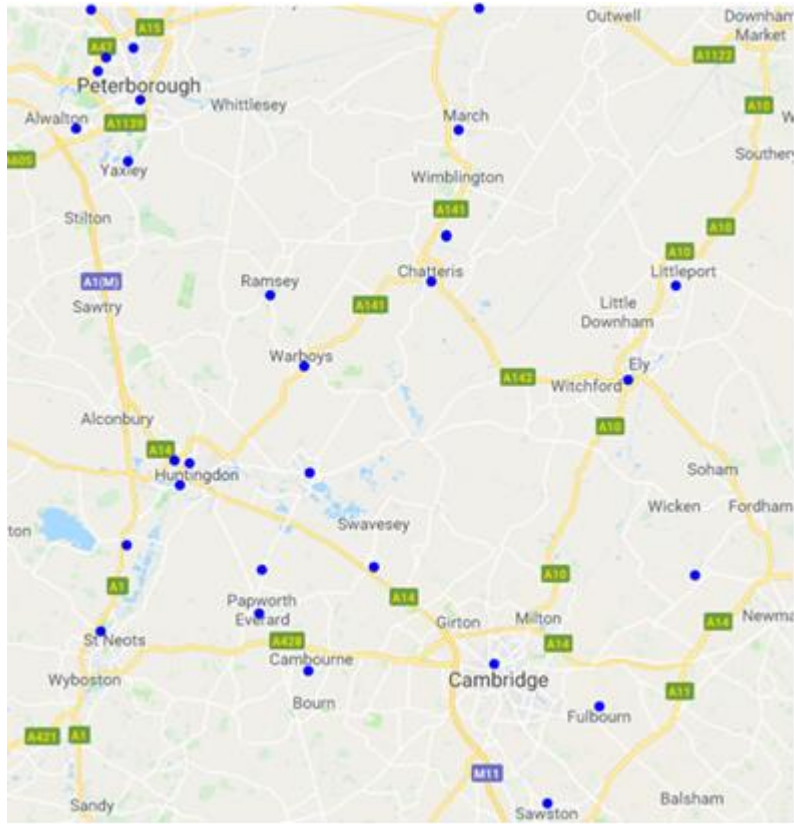
Sackville House, Cambourne is one of our new bases. It is situated approx. 20 mins from Cambridge off the A428. We share a large open plan office with school nurses and local authority staff.

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### **Peterborough**

We use City Health Clinic as a Peterborough office base and share this with Tissue Viability, Speech and Language and Podiatry teams. A number of community clinics are run from this site.

*Below is a rough guide to areas covered by CPFT Nutrition and Dietetics*

	 <p>A map of the Cambridge and Huntingdon area. It shows major roads like the A1(M), A1, A10, A14, A15, A16, A17, A18, A19, A20, A21, A22, A23, A24, A25, A26, A27, A28, A29, A30, A31, A32, A33, A34, A35, A36, A37, A38, A39, A40, A41, A42, A43, A44, A45, A46, A47, A48, A49, A50, A51, A52, A53, A54, A55, A56, A57, A58, A59, A60, A61, A62, A63, A64, A65, A66, A67, A68, A69, A70, A71, A72, A73, A74, A75, A76, A77, A78, A79, A80, A81, A82, A83, A84, A85, A86, A87, A88, A89, A90, A91, A92, A93, A94, A95, A96, A97, A98, A99, A100. It also shows towns like Peterborough, Huntingdon, Cambridge, St Neots, Ramsey, Ely, and various smaller villages. Blue dots indicate railway stations.</p>
<p><b>Local Transport</b></p>	<p><b>Rail:</b> Cambridge and Huntingdon stations are connected with London Kings Cross station by a frequent service operated by First Capital Connect. Huntingdon is connected to Peterborough station by First Capital Connect, and then on to the North and Scotland by East Coast.</p> <p><b>Bus:</b> There are regular buses to Peterborough, St Neots, Ramsey, St Ives and Cambridge all direct from Huntingdon and Cambridge, as well as within the town and to <a href="#">Hinchingsbrooke Hospital</a>. Most buses are provided by Stagecoach in Huntingdonshire or Go Whippet</p> <p><b>Air:</b> <a href="#">Stansted</a> airport is within an hour's drive.</p>
<p><b>Living in the area</b></p>	<p>Cambridgeshire is a great place to live! If you are relocating here, take a look at the websites below for more local information:</p> <p><a href="http://www.visitcambridge.org/">http://www.visitcambridge.org/</a></p> <p><a href="http://www.huntingdonshire.gov.uk">http://www.huntingdonshire.gov.uk</a></p> <p><a href="http://www.visitcambridgeshirefens.org/">http://www.visitcambridgeshirefens.org/</a></p> <p><a href="http://www.visitpeterborough.com/">http://www.visitpeterborough.com/</a></p>