

Dear applicant,

Thank you for taking the time to view our job advert. We have several new opportunities across the breadth of our services and are keen to work with you to find the role that best fits your strengths and interests. We would like to share some more information with you about these services:

Suffolk CFYP services are in the process of innovative transformation. We are striving to develop our care model to be more aligned with the needs of the local communities. This has created opportunities to not only recognise and consolidate what we are doing well, but also to drive creativity in radically changing service delivery. These are both challenging and exciting times, in which we are redeveloping how we deliver mental health services in Suffolk. As such, this provides many opportunities for successful applicants to play a key role in bringing about positive change and making a difference, not only at an individual, family or team level, but in shaping the future direction of our services.

Successful applicants will be warmly welcomed by the full multi-disciplinary workforce, both locally and within the Trust. We have a strong and experienced leadership structure within the care group, who are as passionate about supporting our staff as the children, families, young people, and communities we serve. We are always keen to help and develop our staff, especially in specialist areas.

We spoke to the young people in our participation group about what they would like potential applicants to know about our service, these are some of the comments they would like to share:

Our young people have also told us:

“I have regained my confidence and am doing things now that a year ago I never thought I would do”

“Thank you for your patience, support and kindness, you have helped me to change my life for the better”

We are immensely proud of the staff we work alongside, who are committed and passionate about delivering the very best treatment and care to our children, families, and young people. We are a disability and mental health friendly employer.

Our staff have told us:

“I have never felt as supported and welcomed into a role as I have coming to work for this care group”

“The best thing about this role is knowing that the voices of the young people we work with are helping to change and improve services for the better”

If you would like to discuss any of the roles in more detail, we would welcome a conversation with you.

Paul Hill

Lead Nurse, Suffolk CFYP

Our services:

Specialist CAMHS

We are a multidisciplinary team of nurses, doctors, therapists and business support that offer mental health services for children and young people up until the age of 18. In our specialist CAMHS team, we have four treatment pathways depending on the main difficulty and need of the young people we see. These are: Anxiety/Obsessive compulsive disorder, Low mood, Post-traumatic stress disorder, and Complex Emotional and Behavioural Needs Pathways.

Our specialist CAMHS, have adopted a new framework of working with young people and their families, called THRIVE and within this model of care, our service works within the getting more help quadrant.

Specialist YAMHS

We are a multidisciplinary team of nurses, doctors, therapists, and business support that offer Services for young adults from the age of 18 – 25. Young Adult Mental Health Services (YAMHS) in Suffolk provide a range of mental health assessments and treatment services for young people who have moderate to severe emotional and mental health difficulties and/or disorders. Our targeted and specialist service is made up of 3 teams across Suffolk: West, Central & East.

Our Staff conduct specialist assessments and plan packages of care. Our treatment offer is divided into 4 pathways - Anxiety/Obsessive compulsive disorder, Low mood, post-traumatic stress disorder, and Complex Emotional and Behavioural Needs Pathways and a multi-disciplinary approach determines which pathway and treatment is offered and delivered.

CAMHS Alternative to Admission Service or CATAT

We are a 7 days a week, 8am to 8pm service and we provide an intensive package of support children and young people who are at risk of a hospital admission. Our offer of support is intensive and time limited. We are a nurse-led service, and our team includes mental health and children's nurses, as well as assistant practitioners.

CATAT work alongside existing teams and our education, acute hospital, police, and social care partners within the system.

Tier 4 Inpatient Service – The Dragonfly Unit

The Dragonfly Unit is a general adolescent psychiatric unit that has general psychiatric beds and eating disorder beds.

We are a mix of Mental health, learning disability and paediatric nurses who work with our therapies team, psychiatry, social work and our education colleagues.

The service is for young people who are experiencing an acute mental health disorder that cannot be safely managed in a community setting.

Eating Disorder Services

Under 18

The East and West Suffolk Eating Disorders Service offers a community service to young people with eating disorders. We treat children and young people with changes in behaviours and thinking which may lead to eating disorders. For example: restricting food intake, increase in exercise, self-induced vomiting, other behaviours that may impact on weight, such as, over worrying about body image and shape. We treat young people with developing Anorexia Nervosa and Bulimia Nervosa.

The Adult Eating Disorder Service

The Suffolk Adult Eating Disorders Service offers a community service to adults over the age of 18 who have a diagnosis of an eating disorder. Our service offers evidence-based psychological interventions for eating disorders, including CBT-E, MANTRA and SSCM and is a multi-disciplinary team that works alongside existing mental health services, acute trusts and social care.