

AVON & WILTSHIRE MENTAL HEALTH PARTNERSHIP NHS TRUST

JOB DESCRIPTION

Job Title:	Specialist Physiotherapist
Pay Band:	Band 6
Responsible to:	Job title of manager
Base:	location where job is based
Hours:	e.g. Full time 37.5 hours, or job share.

Job Purpose

To work as part of the Physiotherapy team for Mental Health within various settings as part of an integrated service.

To offer specialist physiotherapy assessments and interventions within various settings both ward based and community ,following the integrated care programme plan, liaising with all appropriate parties particularly the Care Co-ordinator

To be involved in education both of student physiotherapists and other personnel.

AWP Recovery Statement

We in AWP place recovery and reablement at the heart of our service. Therefore we all demonstrate the recovery principles of:

- Hope
- Partnership
- Maximising opportunities every day, in all that we do.

Organisational chart:

See attached sheet

Dimensions:

Budget Managed: £

Number of staff responsible for:

Number of sites working across:

Key Result Areas

1. To assess, plan, implement and evaluate specialist physiotherapy interventions for patients with mental health problems, individually and in groups, both in hospital and in the community

2. To keep patient clinical records and statistics as per trust and professional guidelines with the use of information technology
3. To work in a collaborative and co-operative manner with other health care professionals, patients and their families
4. To ensure that the physiotherapy technician receives adequate training, supervision and support and that the delegation of tasks is appropriate to his/her abilities and grade
5. To be responsible for education and supervision of physiotherapy students
6. To adhere to Chartered Society of Physiotherapy standards of physiotherapy practice
7. To develop and maintain clinical skill and mandatory training through a variety of learning opportunities and provide evidence of clinical competence through the development and maintenance of a personal professional portfolio
8. To work in accordance with professional and Trust policies and procedures to ensure compliance with the law.
9. To care for own health & safety as well as that of patients and other members of staff
10. To undertake small projects to support the physiotherapy service i.e. audit research.
11. To help develop the service and attend relevant meetings.

Communications and Working Relationships

- Establish and maintain effective therapeutic relationships
- Establish and maintain effective exchange of clinical information between relevant parties.
- Be aware of Trust developments through the use of intranet, e-mail

Most challenging part of this role

Working with and motivating a client group whose mental health problems can be challenging and emotionally draining for staff.

Balancing working with in-patients and community clients demands wide-ranging skills.

Maintaining links with other physiotherapists in a geographically widespread Trust.

Maintaining the profile of a small profession, the benefits of which are often poorly understood.

Policies and Procedures

Trust employees are expected to follow Trust policies, procedures and guidance as well as professional standards and guidelines. Copies of Trust policies can be accessed via the staff intranet (Ourspace) or from your manager.

In particular, attention is drawn to the Trust's arrangements in relation to safeguarding children and vulnerable adults as well as infection prevention and control.

All employees are expected to be familiar with the Trust's approach to risk management, take a risk management approach to their own work and take responsibility for the management of the risks they own.

Confidentiality

Much of the work is of a confidential nature. This means that no discussion should take place about the care, needs, or activities of any service user, except in the clear interest of that service user or other members of staff. Staff are reminded that personal information concerning colleagues is also confidential

Equality and Diversity

Avon and Wiltshire Mental Health Partnership NHS Trust is committed to the fair treatment of all people, regardless of their gender, gender re-assignment, race, colour, ethnicity, ethnic or national origin, citizenship, religion, beliefs, disability, mental health needs, age, domestic circumstances, social class, sexual orientation, ex-offender status, political allegiance or trades union membership.

The Trust requires all of its employees to treat all of its stakeholders including colleagues, service users, carers and their visitors with dignity and respect.

Smoking

Smoking by Trust Staff is not permitted whilst on duty whether that be on Trust premises or grounds or out in the community. Staff must also be mindful of public perception and must therefore not smoke whilst travelling in Trust identified vehicles or when in uniform or can otherwise be identified as Avon and Wiltshire Mental Health Partnership NHS Trust staff.

Review

These duties are intended to be a guide to the post and should not be considered exhaustive. It is subject to review, depending on the needs of the department. The post holder will be encouraged to participate in any such review. The Trust is committed to regular performance appraisal (including setting objectives for review annually) and agreement of personal development plans for all staff to enhance their ability to fulfil the requirements of their post.

Person Specification
Specialist Physiotherapist
Band 6

Essential knowledge, skills and experience

- Degree or Diploma in Physiotherapy
- Member of the Health Profession Council
- Significant demonstrable post registration experience functioning as a Band 5 practitioner.
- Evidence of continuing professional development
- Knowledge of Mental Health
- An understanding of multi professional team working and an ability to promote the role of the Physiotherapist within that.
- Be able to demonstrate the application of physiotherapeutic interventions in a variety of settings.
- Flexible and able to adapt to change/unpredictable circumstances.
- Able to work independently.
- Knowledge of CPA
- Highly developed communication skills – both in writing and verbally.
- Knowledge of relevant legislation.
- Clinical educator or willing to undertake training. Able to demonstrate the ability to teach and advise others
- Able to demonstrate highly effective clinical knowledge and apply it within the supervision process.
- Able to show initiative within the parameters of effective team working and evidence based practice.
- Able to contribute effectively to the strategic development of services.
- Independently mobile across geographical area.

Desirable knowledge, skills and experience

- Experience of working with clients in community settings