

JOB TITLE: Pre-Registration Optometrist

BAND: Band 4

Job Summary

- To provide the postholder with a unique opportunity to develop a solid foundation of skills and experience in secondary care paediatric refraction and complex contact lens fitting whilst being exposed to and gaining experience in the many specialty ophthalmology clinics that run in ABUHB.
- To participate in the delivery of core optometry services as part of their scheme for registration.
- The post-holder will be required to undertake the College of Optometrists pre-registration programme and will be supervised and supported by the Clinical Lead for Optometry in Paediatrics and Contact lenses.
- The post-holder may be required to undertake a support role at times, as required, within the multidisciplinary team to allow the smooth running of services.
- The post-holder will have the opportunity to gain experience in all specialties within Ophthalmology clinic during their time at ABUHB and will be supported and encouraged to do so. This will include exposure to clinical scenarios reflective of the competencies required by the CoO. Clinics covered include but are not limited to; Medical Retina, Glaucoma, Corneal, Paediatrics (including Orthoptics) and Emergency Eye Care clinic (EEC).
- Further training beyond entry-level Optometry competences (as mandated by the CoO) will be provided in areas commonly specialised by Optometrists (i.e. Glaucoma and Medical Retina).
- The post holder would be required to undertake additional work in a primary care setting to accompany this secondary care role to ensure the timely progression through the CoO Pre-Registration programme and broad experience base.

Responsible to

**Reporting: Clinical Lead Optometrist-
Core services**

**Accountable: Clinical Lead Optometrist-
Core services**

**Professionally: Clinical Lead Optometrist/
Clinical Director for Ophthalmology**

Responsibilities and Duties

- To continue to build on the core competencies commenced within the undergraduate Optometry degree
- Use of optical instruments for measurement purposes such as retinoscopy, direct and indirect ophthalmoscopy, Humphrey visual fields, corneal topography and tonometry.
- Undertake, with appropriate supervision Paediatric refractions, fundoscopy and Complex contact lens fitting and follow up
- Work within the multidisciplinary team to ensure that the care delivered to all patients is of the highest standards and quality.
- To carry out delegated administrative responsibilities to support the smooth running of the Optometry Department.
- To communicate complex sensitive issues to patients about diagnosis and prognosis and provide counselling and advice as appropriate.
- To be proactive in the collaboration with the Clinical Lead to plan the development of their own clinical skills and excellence in order to pass the College of Optometrists exams.
- To take initiative in understanding their own learning and experience requirements to progress successfully through the CoO pre-registration programme.
- To develop clinical decision-making skills and work towards becoming an autonomous clinician in all areas of Core Optometry whilst gaining more experience in extended roles.
- Analysis of optometric clinical tests following eye examinations under appropriate supervision
- Initially with qualified supervision, building towards independence in relation to formulating management and treatment plans, and make onwards referral where necessary.
- To update patient notes accordingly in line with good clinical practice principles.
- To ensure that all administrative tasks associated with their patients are completed in a timely manner to avoid delay to patient care.
- To manage their own workload with regards to assessment deadlines
- To ensure that all aspects of clinical governance are adhered to; specifically with regards to patient records and data for the use of clinical development.
- To follow national and local protocol with regards to the follow-up/discharge and management of patients, including recent WGOS pathways, under the supervision of a qualified colleague

PERSON SPECIFICATION

Qualifications and Knowledge

Essential

- BSc (hons) Optometry 2:1 or higher
- Registration with the General Optical Council as a pre-registration Optometrist
- Registration on the college of Optometrists pre-registration programme
- Inclusions on the Wales NWSSP supplementary list
- Understanding of the NHS Wales and ABUHB core values and principles.

Desirable

- Knowledge and broad understanding of the components of clinical governance and their importance

Experience

Essential

- Experience of a role that involves working with the general public
- A foundation of Undergraduate Optometry experiences, which are able to be developed during training

Desirable

- Experience of working within the Hospital Eye Service

Communication

Essential

- To be able to relay complex medical information in a sensitive manner
- Excellent interpersonal skills
- The ability to adapt communication skills when there are barriers to understanding
- Understand and appreciate the importance of obtaining consent and the processes involved in ensuring appropriate consent is achieved prior to commencement of any procedure
- Excellent written communication skills and ability to document clinical scenarios accurately and concisely
- An understanding of the importance of excellent note making such that following clinical episodes can be appropriately managed
- To be able to communicate with senior colleagues, in particular your supervisor, any concerns you may have about their progression, development or any other issues that may arise
- Legible handwriting

Desirable

- Welsh Language Skills are desirable levels 1 to 5 in understanding, speaking, reading, and writing in Welsh

Skills and Attributes

Essential

- Flexible approach to working including problem solving skills, management of change.
- Well-developed organisational / administrative skills.
- Ability to prioritise and manage time effectively and ensure clinical and professional standards are upheld.
- Computer literacy.
- Ability to take initiative in own learning and development
- Excellent time-management skills and ability to prioritise responsibilities and own workload of learning and upholding clinical duties
- Ability to maintain long periods of concentration on visually and mentally demanding tasks
- The ability to work reflectively to allow continuous development of clinical skills

Desirable

- Ability to research
- Ability to analyse clinical information and formulate a proactive management plan

Physical Skills

Essential

- Demonstrate the capability to develop highly specialised physical skills, precision and hand/eye coordination, as the skill of slit lamp examination of the eye requires high levels of accuracy, dexterity, co-ordination and sensory skills.
- Ability to lift and handle small loads with appropriate training
- Remain calm under pressure
- Ability to undertake clinical duties in sometimes restricted positions that cannot be easily changed

Desirable

- Show enthusiasm and potential in learning to use and manipulate diagnostic ocular-contact lenses (e.g. gonioscope, mirrored fundus lens) on the delicate ocular surface, for diagnosis (and imaging where necessary).
- Have an understanding and willingness to learn to safely and effectively fit specialist therapeutic contact lenses, including specialist scleral contact lenses.

Other

Satisfactory Enhanced DBS clearance including an Adults and Children's Barred List check

Job Description Technical Document

JOB TITLE: Pre- Registration Optometrist

BAND:

ORGANISATIONAL CHART

Principal Optometrist

Clinical Lead
Optometrist

Pre-registration
Optometrist

EFFORT & ENVIRONMENTAL FACTORS

Physical Effort

Please identify any circumstances that may affect the degree of effort required -

Examples of Typical effort(s)	How Often	How Long
Refracting children- requiring bending in sometimes awkward positions, and being able to move according to this	Frequent	Short periods
Undertaking contact lens fitting, and being able to move around the clinical room as required for this; getting close to patients.	Frequent	Short periods

Mental Effort

Please identify the normal requirement to concentrate in the post and determine, how often and for how long it is required to concentrate during a shift / working day

Examples of Typical effort(s)	Type	How Often
Undertaking clinical assessment of paediatric patients	Prolonged	Frequent
Working in the contact lens clinic	Prolonged	Frequent

Emotional Effort

Please identify how often the post holder has exposure to direct and/or indirect distressing and/or emotional circumstances and the type of situations they are required to deal with

Examples of Typical effort(s)	Type	How Often
Managing the complex needs of patients, and their emotional needs with regards to counselling diagnosis, prognosis and sight loss	Direct	Frequent
Managing the workload and stress of training as an Optometrist and clinical responsibilities	Direct	Frequent

Working Conditions

Please identify unpleasant working conditions or hazards which are encountered in the post holder's working environment and establish how often and for how long they are exposed to them during a working day / week / month

Examples of Typical effort(s)	How Often
May be required to bend in to awkward positions when undertaking clinical work.	Frequent
VDU user	Occasional
Close working with patients with poor hygiene	Occasional