## **Person Specification**

| Post Title     | Children and Young Persons Wellbeing Practitioner CYWP |
|----------------|--|
| Band           | 5  |
| Directorate    | Children and young people                              |
| Location/Base  | Bolton CAMHS , RBH, Minerva road. Farnworth,           |
|                | Bolton   |
| Responsible to | Clinical Lead  |
| Accountable to | Operational Manager                                    |

## **Job Summary/Purpose**

As a CYWP at Bolton CAMHS you will offer evidence-based interventions for children and young people in a school setting or at CAMHS. The team offer short term intervention (of up to twelve sessions) with children, young people, parents/carers and/or professionals with the aim of supporting improved mental health.

As a CYWP, you will be aligned with THRIVE's getting advice and getting help domains to act as the practitioner providing intervention at the earliest opportunity.

You will work collaboratively to empower school staff to support young people to thrive by enabling;

- Early identification and assessment of any emerging mental health or emotional wellbeing need in schools.
- Mental health promotion through working to upskill school staff, young people and parents
  to normalise mental health within schools, reduce stigma, support early identification of
  mental health symptoms and raise awareness of self-help support and self-management
  strategies.

| Essential Criteria - The qualities without which a post holder could not be appointed.  | Desirable Criteria - Extra qualities which can be used to choose between candidates who meet all the essential criteria ble to complete the duties as laid out | How Assessed – AP = Application form IN = Interview OA = Other Assessment |
|---|--|---|
| Education / Qualifications - to be a  | bie to complete the duties as laid out t   | on the Job Description  |
| Children and Young People's wellbeing practitioner (CYWP) froman accredited training provider  Accreditation with BABCP as a CYWP |  | Application Form<br>Certificates<br>Proof of qualification<br>Interview   |
| <b>Experience</b> - to be able to complete  | the duties as laid out on the Job Desc   | rintion   |

**Evidence of Continuing** Experience working with children Application Interview **Professional Development** and young people with mental health and emotional needs in References Experience of working with children education setting. and young people with mental health and emotional needs in a healthcare or community setting. Experience of Multi-disciplinary working within a CAMHS setting Experience of working collaboratively with children, young people, their families/carers and professionals Able to identify common mental health difficulties in children and young people. Understand why collecting feedback from children, young people and parents is important. Knowledge - to be able to complete the duties as laid out on the Job Description Understanding of child and Knowledge of Thrive framework, Application Interview adolescent development and the graduated approach of stepped References role of the family in supporting care children's emotional wellbeing. Understanding of local, National, Knowledge of child protection professional policies/quidance. issues and legislation. Knowledge of mental health problems relating to children and adolescents Understanding of Safeguarding and its application in practice Understanding the importance of and have knowledge of using evidence based interventions wherever possible

Skills and Abilities - to be able to complete the duties as laid out on the Job Description

| Ability to utilise CYP assessment skills and routine outcome measures effectively including mental health and risk assessments   | Experience of database use.            | Application<br>Interview<br>Presentation<br>References |
|--|--|--|
| Computer literate  |  |  |
| Ability to apply therapeutic knowledge to clinical practice.   |  |  |
| Excellent verbal and written communication skills, including telephone skills.   |  |  |
| Able to develop good, therapeutic relationships with children, young people and / or their families.                             |  |  |
| Able to build relationships and work effectively with internal and external colleagues.  |  |  |
| Ability to use supervision effectively.  |  |  |
| Other Requirements - to be able to   | complete the duties as laid out on the | Job Description  |
| Able to demonstrate a commitment to respecting and displaying the Trust Values at all times.                                     |  | Application<br>Interview<br>Presentation<br>References |
| Compassionate in meeting the needs of children and young people and their families and carers.                                   |  |  |
| Able to engage with children and young people and work effectively in distressing and challenging circumstances                  |  |  |
| Able to work flexibly and co-<br>operatively as part of a team<br>Able to use own initiative and make<br>decisions independently |  |  |
| Committed to continual quality and service improvement   |  |  |

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| equent requirement to within the Bolton area rovide support in an occasional to travel across the to the Trust to attend d events relevant to |

The Trust will consider any reasonable adjustments to the recruitment and selection process and to employment for applicants who have protected characteristics under the Equality Act 2010.