

East Sussex Healthcare NHS

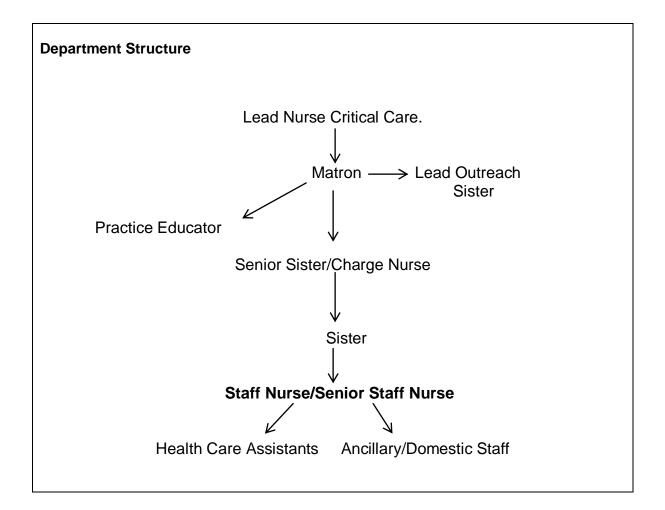
NHS Trust

# Job Description

Job Ref:	17-128
Job Title:	Staff Nurse / Senior Staff Nurse
AfC Pay Band:	Band 5
Number of hours:	Full Time – 37.5 Hrs per week.
Clinical Unit / Directorate:	DAS
Department:	Critical Care Unit.
Location:	Eastbourne District General Hospital or Conquest Hospital Hastings.
Accountable to:	Critical Care Matron / Lead Nurse
Reports to:	Nurse in Charge

Job dimensions & responsibility for resources		
Budgetary &	Budget / Delegated Budget managed : £0	
Purchasing,	Authorised signatory for: £0	
Income generation	Other financial responsibility: Careful use of resources	
Staff	Staff (wte): Contribute to induction of new team members. Supervise HCAs	
Information Systems	Careful use of Trust systems both manual and electronic, to ensure accuracy of data. Store and share information in accordance with department protocols, Trust Information Governance Policy and Data Protection Legislation Specialist systems: OASIS, PAS	

Job purpose	<ul> <li>To work within the multi disciplinary team to assess, plan, implement and evaluate care to level 2 and 3 patients. Thus providing comprehensive patient care and ensuring the optimum level of physical and psychological well-being is maintained throughout period of critical illness.</li> <li>To provide support to significant others i.e. Relatives and Families during the same period. To be responsible for the management of the critically ill patient with the support of more senior nursing staff.</li> </ul>



<b>Communications and Working Relationships</b> List people with whom the postholder interacts on a regular basis.		
With Whom:	Frequency	Purpose
Patients	Daily/As required	To carry out treatment / Plan of care. Inform, explain, Support and gain rapport.
Relatives	Daily/As required	To liaise, to ensure effective honest reliable communication. To explain, inform and support.
Multi Disciplinary Team (Unit Team including Medical Staff, Professions Allied to medicine, Support And Clerical staff)	Daily Shift to Shift	To effectively plan and implement care holistically
Management team across both sites	As required	Work supervision, planning, advice and support. To ensure unit, hospital and trust policy/practice is adhered to.

## **KEY DUTIES AND RESPONSIBILITIES:**

- 1. Assessment of patient care needs and the development, implementation and evaluation of programmes of care.
- 2. Management of individual patient care, delivering evidenced based nursing care to the highest possible standard.
- 3. To be aware of unit resource issues.
- **4.** Ensure that the East Sussex Hospitals NHS Trust policies are carried out working in accordance with the unit philosophy.
- 5. To work in accordance with the unit philosophy. \*
- **6.** To participate in the setting and monitoring of quality standards in relation to clinical practice.
- **7.** To participate in the setting, monitoring and robust application of standards in relation to infection control practice and the DoH Saving Lives Programme.
- 8. To participate fully as a team member, sharing knowledge, information, supporting colleagues and supervising junior staff to promote a cohesive ward team.
- 9. To work with other disciplines and professionals for the welfare of patients.
- 10. Participate in research and audit as required.
- **11.** To effectively and professionally deal with emergency situations with support from senior staff
- **12.** To contribute to the development and maintenance of a positive environment for patients, visitors and other staff.
- **13.** To promote a safe environment for patients, visitors and staff by adhering to and complying with all elements of the health and safety statutory legislation.
- **14.** To report all accidents/incidents involving patients, visitors and staff to the nurse in charge or most appropriate person as soon as possible and assist in any enquiries or documentation as necessary.
- **15.** To contribute to the provision of effective, appropriate and timely information to patients and their significant others.
- 16. Participate in research, audit projects, develop an area of speciality and have an input to the Units' Quality Improvement Groups.
- **17.** To maintain up to date accurate patient records, using appropriate documentation for planning, assessing and evaluating care and other significant events.
- **18.** Work within the Code of Professional Conduct and be active in enhancing own professional knowledge base and development.
- **19.** Complete unit based competencies (basic level) and update as required.
- **20.** Participate within the clinical supervision programme ensuring it becomes part of the practitioners own development programme.
- **21.** Ensure that self development needs are addressed through Positive People/Appraisal framework.
- **22.** Maintain professional registration by meeting the requirements for Revalidation.
- 23. Maintain and update mandatory training in accordance with trust policy.
- 24. Undertake any other responsibilities or tasks that may be reasonably delegated by the Sister/Charge Nurse.
- 25. Progression to the title of 'Senior Staff Nurse' will be dependent on the individual achieving a recognised teaching and assessing certificate and a recognised critical care course at degree level. Plus the ability to demonstrate this advanced level of knowledge and skills consistently on a daily basis.

### General Duties & Responsibilities applicable to all job descriptions

- To be familiar with and adhere to the policies and procedures of the Trust.
- Behave and act at all times in accordance with the Trust Values, of Working Together, Respect and Compassion, Engagement and Involvement and Improvement and Development
- To achieve and demonstrate agreed standards of personal and professional development within agreed timescales.
- To participate fully in the performance and development review (appraisal) process and undertake Continuing Professional Development as required.
- To participate in surveys and audits as necessary in order to enable the Trust to meet its statutory requirements.
- To be aware of the Trust's emergency planning processes and follow such processes as necessary, in the event of an unexpected incident.
- This job description is not exhaustive. Staff may be required to undertake any other duties at the request of the line manager, which are commensurate with the band, including project work, internal job rotation and absence cover.

### Working Environment:

The post holder will be based in the Critical Care Unit at either the Conquest Hospital or the Eastbourne District General Hospital. Occasionally they may be asked to work outside of this area in conjunction with outreach or other patient needs. Patients will usually be requiring level 2 or level 3 care (high dependency or critical care) but individual patient requirements will be taken into account. Due to the nature of the care, high levels of concentration are needed to be able to work effectively in stressful situations. Work will frequently involve, repositioning of patients, risks of exposure to blood, blood products and body secretions needing strict universal precautions and infection control practices. Emotional workload is frequently high having to care for distressed relatives and patients that can be agitated, confused, aggressive and abusive.

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Driving		Lifting	X	Verbal aggression	X
Use of PC/VDU		Physical support of patients	X	Physical aggression	Х
Bending/kneeling	Х	Outdoor working		Breaking unwelcome news to others	X
Pushing/pulling	Х	Lone working		Providing <b>professional</b> emotional support	Х
Climbing/heights		Chemicals/fumes		Dealing with traumatic situations	Х
Repetitive movement		Contact with bodily fluids	X	Involvement with abuse cases	
Prolonged walking/running		Infectious materials	X	Care of the terminally ill	X
Controlled restraint	X	Noise/smells	X	Care of mentally ill & challenging patients	Х
Manual labour		Waste/dirt		Long periods of concentration i.e. hours	Х
Food handling		Night working	X	Working in confined spaces (eg roof spaces)	

# \*CRITICAL CARE UNIT WARD VISION

The Critical Care unit provides individualised nursing care to critically ill patients with the cooperation of the multidisciplinary team. Care reflects a holistic approach emphasising the unique and often complex needs of the patient providing the patient's personal needs and dignity will always be maintained.

Relatives and significant others are also given the support and information they need and the ability to give feedback whilst respecting the patient's rights to confidentiality.

Colleagues are supported and their contributions valued and aim to provide an environment conducive to professional and personal development for all disciplines of staff. This is to ensure standards and quality is maintained and patients receive the optimum care and treatment.

#### Statement

1. This job description will be agreed between the jobholder and the manager to whom he/she is accountable. It may be reviewed in light of experience, changes and developments.

2. The information being handled by employees of East Sussex Healthcare NHS Trust is strictly confidential. Failure to respect the confidential nature of this information will be regarded as a serious breach of regulations, which will result in action under the Disciplinary Procedure, including possible dismissal. This includes holding discussions with colleagues concerning patients in situations where the conversation may be overheard. It is the employee's personal responsibility to comply with the Data Protection Act.

3. It is the employee's responsibility to ensure all records (computerised or manual) are accurate and up to date, and that errors are corrected or notified as appropriate.

4. It is the manager's role to monitor and assure the quality of any data collected or recorded by or in his/her area of responsibility.

5. Employees must take reasonable care, and be aware of the responsibilities placed on them under the Health & Safety at Work etc. Act (1974) and to ensure that agreed safety procedures are carried out to maintain a safe environment for employees, patients and visitors.

6. All staff have a responsibility to ensure that infection control policies, procedures and guidelines are adhered to. In addition to supporting the trusts commitment to preventing and controlling healthcare associated infections (HAI).

7. All members of staff must be aware of their responsibilities under the Freedom of Information Act 2000.

8. In addition to any specific responsibility for risk management outlined in the main body of this job description, all employees must ensure they are aware of the key responsibilities applicable in relation to risk management as identified in the Trust's Risk Management Strategy.

9. All staff will note the Trust's responsibilities under the Civil Contingencies Act 2004, and NHS Major Incident Plans Guidance (DoH 1998 and 2004)

10. All employees are responsible for ensuring they attend the relevant mandatory training as identified in the Trust's Education Strategy and as agreed with their manager/supervisor.

11. It is the employee's responsibility to ensure they follow the latest version of all policies and procedures which apply to them.

12. For posts which involve contact with patients, it is required that the post holder receives satisfactory clearance from the Disclosure and Barring Service.

Managers Signature Date

Post Holder's Signature	Date

East Sussex Healthcare MHS

NHS Trust

	ecification			
Job Title:		Grade:		
Staff Nurse/Senior Staff Nurse		Band 5		
Department:		Date:		
Critical Care		June 2017		
*Assessed by: A= Application I= Intervie	w R=	References T= Testing C = Certificate	*	
Minimum Criteria	^	Desirable Criteria	Ŷ	
Qualifications				
<ul> <li>First Level Registered Nurse</li> <li>Basic Life Support</li> </ul>	AC AC	<ul> <li>Diploma or degree level study.</li> <li>ALS course</li> <li>Recognised Degree level Teaching and Assessing course</li> <li>Recognised Degree level Intensive Care course</li> </ul>		
Experience				
Experience of working on general wards as a trained nurse or student.		<ul> <li>Previous experience or involvement in research/audit projects.</li> </ul>		
<ul> <li>Skills / Knowledge / Abilities</li> <li>Demonstrate an understanding</li> </ul>	AI	Competent in role/skills/ knowledge as described in job		
of the role as described in the	7.0	description.		
job description.	AIR	<ul> <li>Ability/willingness to teach and</li> </ul>		
Ability to assess care needs		supervise junior colleagues		
<ul><li>and to prioritise.</li><li>Effective interpersonal,</li></ul>	"	<ul><li>and students.</li><li>Good I.T. skills.</li></ul>		
organisational and team work		• Good I. I. Skills.		
skills.	"			
<ul> <li>Effective communication skills.</li> <li>Ability to learn and develop new skills and abilities.</li> </ul>	"			
<ul> <li>Ability to cope under stress.</li> </ul>				
Evidence of continuing	"			
professional development.	"			
	"			
Other				
Completed application form	A			
<ul><li>correctly.</li><li>Evidence of reliable work</li></ul>	R			
record.				
Evidence that personal	AR			
<ul> <li>behaviour reflects Trust Values</li> <li>Able to work 12 hour or other shifts as job requires.</li> </ul>	AR			

<ul> <li>Able to work internal rotation.</li> <li>DBS clearance.</li> <li>Occupational Health Clearance.</li> <li>Able to provide two suitable referees.</li> </ul>	AIR T T R	
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Managers Signature	Date
Postholder's signature	Date