

PROFESSIONAL DEVELOPMENT

- Onsite libraries
- Coaching and mentoring
- Annual appraisal and personal development review
- In-house development programmes

CAREER WELLBEING

- Career conversations
- Apprenticeships
- Functional skills training
- NHS Leadership Academy courses

FINANCIAL WELLBEING

- Vivup staff benefits
- NHS Pension
- Multiple NHS discounts and offers
- Monthly staff lottery
- NHS fleet scheme
- Neyber and Metro Moneywise
- Total Rewards Statement

#ELHTFAMILY

- Health and Wellbeing Champions
- Employee of the Month
- Freedom to Speak Up Champions
- Ambassadors networks
- Staff networks
- STAR awards
- Recognition and long service awards
- Employee representation
- ELHT&Me Charity

MENTAL WELLBEING

- Wellbeing apps
- Wellbeing conversations and toolkit
- Employee Assistance Programme
- Chaplaincy
- Bereavement counselling and support
- Well spaces
- Workforce wellbeing and trauma support training
- Frazzle cafes
- Mindfulness and meditation sessions

PHYSICAL WELLBEING

- Gym discounts
- Smoking cessation
- Discounted simply health membership
- Vaccines
- Occupational health services
- Health and wellbeing directory
- Cycle to work scheme
- Fast physio and worksmart

HOLISTIC

- Flexible and agile working
- Generous annual leave allowance
- Parental leave
- Compassionate leave
- Staff portal
- Staff restaurants
- NHS staff survey
- Mediation